

# CONNECT

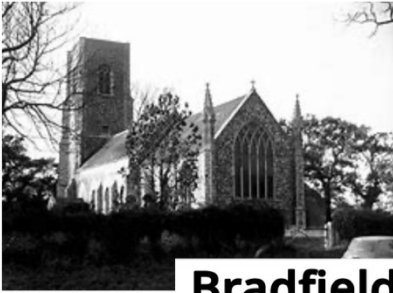
The Magazine of the Trunch Group of Parishes



Celebrating  
Pentecost  
and the  
Gifts of the  
Holy Spirit

*John Lawson of Goddard & Gibbs / The Descent of the  
Holy Spirit / Stained glass / 1992 / © Lo & Behold*





**Bradfield**



**Gimingham**



**Knapton**



**Mundesley**



**Paston**



**Swafeld**



**Trunch**



**Café Church**

# SALLYS LETTER

## **The Lord is with you!**

Hello Everyone,

I was once fortunate enough to meet David Adams. (There are a few famous people of the same name, I mean the one of Celtic worship fame.) I was very struck with how he subtly changed one of our traditional greetings: 'The Lord be with you'. To which, of course the reply is 'And also with you'. He said instead; 'The Lord IS with you'. Same response. Notice how this transforms the holy Hello into something much more immediate and personal?

In this edition of Connect we are focussing on the Holy Spirit and in the coming weeks we will be exploring in particular the gifts of the Spirit during our services. I am looking forward to hearing different perspectives. But, especially following the events at Café Church last week, I am also looking forward to everyone exploring, discerning and speaking about what God is saying to and through them.

For those who were not there we left some space for people to offer, if they wanted to, how they felt God might want the emerging 11.00am service to develop, and what their hopes for it were. It is pretty much impossible to describe the Spirit speaking through many different people – but you know it when it happens!

God was powerfully at work at Pentecost. God is also powerfully at work here and now, across the Trunch Group and in us all.

## **The Lord is with you!**

All blessings,

Sally

# IN MEMORY OF MARTIN LEE

15<sup>th</sup> September 1944 – 18<sup>th</sup> April 2026



*"I was so very saddened to hear the news of Martin's very sudden death. Such a heart-breaking shock for you and your family.*

*Martin was such a kind, loyal and upright man of faith, of such deep devotion to you. Our love and prayers go out to you, trying to deal with such a loss.*

*I will always be deeply in debt to you both for the transformation you brought to the church and community. He will be very much missed."*

- Revd. Rod Key

*"Martin was so easy to talk to, his genuine kindness and care for others was ever present. I knew that any service I was involved in, knowing Martin was there gave the reassurance that if something needed doing, he would quietly and confidently sort it out.*

*Martin was more of a listener than talker, but when he did it was always worth listening to. My memories are of a prayerful, kind, courteous, good man, whose faith shined through his presence."*

- Rev Canon John Carr

# EDITORIAL

Recently, Karen and I went to Cambridge for a special Sunday morning service. Long standing friends of ours were celebrating their Golden Wedding and their church was full of extra invited guests for the occasion, followed by a splendid lunch in the church's upper room. It was a large Baptist church, with a diverse all-age congregation. Lively music animated us, and there was an excellent and original sermon on the economics of the Book of Proverbs – a reminder of how the Bible provides a comprehensive view of life. In all, it was a wonderful day that will stay long in our memories.

It must be forty years or more since I last attended a Baptist service, and I had forgotten the informality of their worship. There was a complete lack of liturgy, no robing (the presiding minister wore jeans) and a slightly chaotic structure to the service. None of this mattered, because the overall effect produced a profound sense of joy – sincere Christian worship with no frills. Although, as a traditional Anglican, I missed the familiarity and the comforting rhythm of our usual liturgy and the well-crafted words from our prayerbook, this was a refreshing change which reminded me that there are many ways to worship God. Traditional liturgy is good, but so is spontaneous innovation. God may be worshipped well through silence or through dance, through loud modern music or through Gregorian chant, through the Book of Common Prayer or through spontaneous prayer, led by the Spirit. All are sincere expressions of devotion.

Whichever style of worship we prefer, let us remember that we are all part of the large and wonderfully diverse Christian family. We find our common ground and our identities in Jesus Christ, and we are animated through the gifts of the Holy Spirit. The general focus of this issue of Connect is how the Holy Spirit can help us to grow as a community.

**- Peter Clough**

# A REFLECTION ON THE HOLY SPIRIT



We celebrated the Feast of Pentecost this year on 24 May. Pentecost – the coming of the Holy Spirit – is a day we often call ‘the birthday of the Church’. In our service for Pentecost we always hear the account from Acts chapter 2, written by Luke. This passage is very well known and emphasises that the Spirit was revealed, made manifest, on a pilgrim feast day – an exciting day which was an ideal occasion for the first truly communal experience of the Spirit. Luke describes spectacular events – a violent wind, tongues of flame and inspired utterance. And such charismatic and ecstatic manifestations attributed to the Spirit were to become one of the distinctive features of the earliest days of Christianity. Pentecost was also seen as a fulfilment of prophecy. Luke describes Peter quoting the prophet Joel who had predicted ‘I will pour out my Spirit on all flesh...’, and Luke’s description was certainly a ‘pouring out’.

Luke therefore leaves us in no doubt that this first Pentecost was the fulfilment of a divine promise. He emphasised that this was a new covenant with God’s people and the beginning of world mission – energised by this prophetic, guiding Spirit.

But Luke is not the only author to describe the features of the Holy Spirit. This year at Pentecost we also considered readings from St John and St Paul. They both tell us different things, and the passages complement each other.

In John 20:19-23, we have a description of Jesus bestowing the Holy Spirit on his disciples and this is a contrast to Luke. '[Jesus] breathed on [his disciples] and said to them, "Receive the Holy Spirit..."' This is quiet and surprisingly unspectacular. Moreover, as described by John it is an event that took place 50 days before Pentecost, on the evening of the first Easter Sunday. We should note, by the way, that although John has this different chronology, his motive is not to dispute the historical record, but rather to place his own emphasis on the coming of the Holy Spirit. That is, he has different theological priorities to Luke – he wants to draw out different perspectives.

Essentially, John's account links the Holy Spirit much more closely to Jesus himself. In his Gospel, the gift of the Spirit to the disciples took place on the day of Resurrection. It therefore cannot be separated from the events of Easter, the death of Jesus and his rising from the tomb; in one sense it is a consequence of Jesus' glorification. And by linking the Spirit to the very breath of Jesus, John stresses the continuity between Jesus and the Spirit and reminds all Christians of the eternal nature of the Spirit.

For we have echoes of this metaphor, the breath of God, in several famous Old Testament narratives. In the Genesis account of the creation, Adam came alive when God breathed into his lungs. And we are reminded also of Ezekiel's vision of the dry bones. The dead bones had come together, flesh and skin had covered them, but there was no life in them. Then God said to Ezekiel, 'Prophesy to the breath...' and Ezekiel prophesied, as God commanded.'...and the

breath came into them and they lived...’ God’s new creation comes through the breath of God, the Spirit, and it is bestowed by the resurrected Jesus Christ.

John therefore has a different emphasis from Luke; but the two accounts do not contradict – they complement. One account is more concerned with the birth of the Church through spectacular powers; one is a more personal bestowal of the Spirit through faith in the risen Jesus. Both are theologically important and tell us about the influence and power of the Holy Spirit.

In Corinthians chapter 12 St Paul makes more practical points, and they are ones that may be particularly useful to us and to the current context of the Christianity in the 21<sup>st</sup> century. In writing to the Corinthians church, Paul had a problem to solve, one that occurred in several early churches: the problem of spiritual pride and rivalry. If we study the Acts of the Apostles, and some of Paul’s letters, we know that members of the very early church communities especially valued those spectacular gifts of the Spirit – speaking in tongues, healing and other miracles. Those who had received such gifts tended to look down on those whose gifts were less striking. In fact it seems that some suggested that these humbler gifts were not really inspired by the Spirit of God. Therefore they were less useful to the wider Christian movement.

Paul warned against this. He considered that all forms of work and service within the Christian community were varieties of spiritual gift and the work of one and the same Holy Spirit. Gifts and talents and roles such as teaching, giving advice, counselling, praying, pastoral visiting were all spiritual gifts, every bit as good – or maybe even better – than charismatic tongues and ecstatic utterance.

We should therefore take to heart that these so called unassuming tasks – Christian companionship, visiting, pastoral encounters and so on, are every bit as much gifts of the Spirit as the spectacular ones. When we feel prompted to visit a friend or neighbour in hospital, or to pray for them, is it not the gift of the Holy Spirit within us?

In the next few weeks much of the teaching in the Trunch group of Parishes will be about the gifts of the Spirit, following on from Paul's teaching to the Corinthian church. In fact, if we carefully read our

New Testaments, we find there are three lists in the epistles to new churches.

Besides the list of spiritual gifts in Corinthians 12, we find more attributes in Romans chapter 12 and Ephesians chapter 4. They include giving,

encouragement, leadership, evangelism, administration and faith – everyday traits and attributes that can be shared, as well as the more 'sensational' gifts such as tongues, miracles, and healing. But who can tell what gifts may be released as we listen to each other and pray for the guidance of the Holy Spirit?



# STREAMS – A NEW DIOCESAN JOURNEY

**Bishop Graham writes:**

May 2026

Dear Sisters and Brothers in Christ,

At Pentecost we celebrate the gift of the Holy Spirit poured out upon the Church, empowering ordinary people to speak of God's goodness in ways others could hear and understand. It is a season of courage, invitation and renewal.

This year I am delighted that we will begin together a new diocesan journey called 'Streams' – part of an exciting and emerging vision and strategy, with the first phase focusing on stories.


Many people find it difficult to speak about faith, even within church life. Yet throughout the Gospels, Jesus invited people to tell their stories, by asking questions. 'Streams' stories seek to create simple and welcoming opportunities for people to do just that, helping to nurture a culture in which sharing our faith becomes something natural and life-giving.

More information about the vision and strategy can be found on the diocesan website, [dioceseofnorwich.org](https://www.dioceseofnorwich.org), under 'Mission Strategy'.

**Watch for more information about the 'Streams' initiative in the Trunch Group in our weekly emails and newsletters.**

# POET'S CORNER: A SONNET FOR JUNE

## June Light by Jack Kett



Late lingers now the light, and through the night  
A glow creeps eastward round the northern sky.  
The sun comes early, quickly rises high,  
Shines down upon a world of June delight;  
On fields of hay, and lanes where grasses sway,  
Their graceful panicles in fine array.  
Wild roses, soft of hue, and fragrant briar,  
And wayside wastes with poppies set afire.  
Now family parties picnic by the stream,  
Or roam in wonder under mighty trees,  
And little children plough through bracken seas,  
Wild fancies flying in a waking dream.  
At last dusk falls, and shadowy moths appear  
Where honeysuckle scents the evening air.



*Honeysuckle*

June



# St. Botolph's Trunch

11am to 5pm Sat 6th & Sun 7th June

## Flower Festival

*(Theme - Kids TV and Films)*



Refreshments, Raffle  
**Entry Free**  
**Donations to Church Funds**



# Flower Festival

All Saints Church, Mundesley

Saturday      Sunday  
June 27<sup>th</sup> & 28<sup>th</sup>  
10<sup>am</sup> - 4<sup>pm</sup>

Songs  
of Praise  
Sunday 28<sup>th</sup>, 4pm  
All Welcome

Theme: Songs from the  
Musicals



Piano Recital by John Farmer  
Saturday 27<sup>th</sup> 14:30

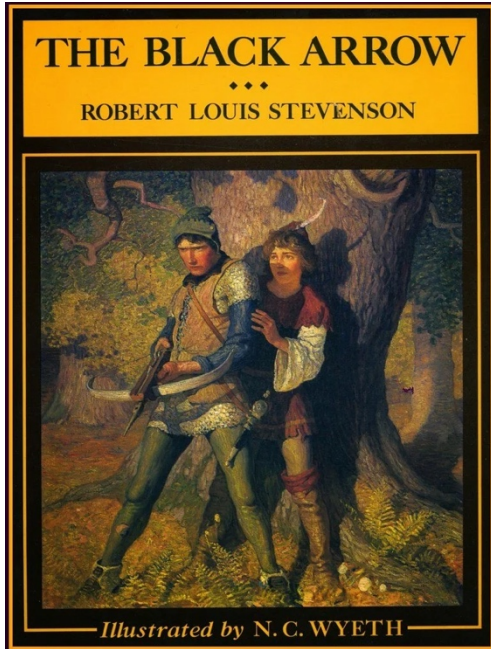


Arrangements by WI  
Craft Stalls & Tombola  
Cakes & Refreshments



# PASTON REVEALED 2026

11 JUNE 2026



*What did Robert Louis Stevenson have to do with Paston?*

Come and find out!

**Professor Richard Beadle (St. John's College, Cambridge)**

**'Robert Louis Stevenson and the Paston Letters'**

Richard Beadle is Emeritus Professor of Medieval English Literature and Palaeography, University of Cambridge.

**Time: 7.00pm Venue: St Margaret's Church, Paston**

Events are free - donations voluntary. Cheese and wine, tea, coffee.

**Everybody is most welcome to attend!**

# CHURCH SERVICES

IN LATE MAY AND JUNE 2026

**Sunday 31 May – Trinity Sunday, 10.00 am Holy Communion,**  
All Saints' Church, Gimingham

**Sunday 7 June First Sunday after Trinity 10.00 am Holy  
Communion,** All Saints' Church, Mundesley

**Sunday 14 June – Second Sunday after Trinity 10.00 am Holy  
Communion,** St Botolph's Church, Trunch

**Sunday 21 June Third Sunday after Trinity, 10.00 am Holy  
Communion,** St Peter and St Paul, Knapton

**Thursday 25 June 10.00 am Morning Prayer, St Nicholas  
Church, Swafield**

**Sunday 28 June Fourth Sunday after Trinity 10.00 am Holy  
Communion,** St Margaret's Church, Paston  
**10.00 am Morning Prayer,** St Botolph's Church, Trunch

On the 1st of every month, **St. Giles, Bradfield**, hosts a silent prayer service beginning at 12 noon and lasting about 30 minutes

**Café Church** meets at 11:00 in the Mundesley Community Hub on Sunday Mornings: 7, 14, 21 and 28 June

**The 10:00 Wednesday morning Holy Communion** will be in the Mundesley Community Hub on 3, 10, 17, 24 June.

# OTHER EVENTS FOR YOUR DIARIES

Memory Lane Summer Outing  
*Norfolk Boards River Cruises*

**Join us on the 'Queen of the Boards'!**

Wednesday 24 June 2025

Horning Marina at 1pm – 4pm  
*Ring Allison 07769613399- limited places  
available*

All are welcome – free of charge

Summer Time Cream Teas – All Welcome  
*St Botolphs, Trunch*

June 6-7<sup>th</sup>, 11-5pm **Flower Festival**

July 18<sup>th</sup>, **Summer Cream Tea**

August 15<sup>th</sup> -16<sup>th</sup>, 12-5pm **Trunch History  
Society Exhibition**

September 19<sup>th</sup>-20<sup>th</sup>, 12-5pm **Exhibition by  
Local Artists**



## **FORTHCOMING EVENTS INCLUDE:**

**Sunday 31 May – The Pantaloons Theatre:  
Sherlock Holmes and the Hound of the  
Baskervilles** at St Nick' Art Centre, Swafield

**Saturday 20 June – ChamberMusicBox Quintet:  
Mozart and Brahms Clarinet Quintets** Concert  
dedicated to Roy Abrams (1929-2019), at St  
Botolph's Trunch

**Saturday 18 July – This is My Theatre: The Great  
Gatsby** at St Nick's Arts Centre, Swafield

For bookings and more information please visit the  
website, <https://st-nicks.co.uk> or email [info@st-  
nicks.co.uk](mailto:info@st-nicks.co.uk) or phone **01692 402624**

# REGULAR EVENTS IN THE MUNDESLEY COMMUNITY HUB

## **The Hub – Every Tuesday**

*15:30 – 17:00*

You are warmly invited to join us at the Mundesley Community Hub to share a two-course meal, enjoy the heating and use the space for whatever you would like. Be that card games, a catch up with friends (or meet new ones!), reading a book, pop along and see what Mundesley Warm Hub can do for you.

## **Memory Lane Café – Every Wednesday**

*13:30 – 16:00*

Memory Lane Café is a friendly, safe environment for people with dementia, their carers and anyone who would like to come along for a chat over tea, coffee and refreshments. We have music, activities and entertainment for all to enjoy. Memory Lane dementia Café is free for all to attend. For further information or if you would like to volunteer with us, please contact: [MemoryLaneCafeMundesley@gmail.com](mailto:MemoryLaneCafeMundesley@gmail.com)

## **Thursday Lunch Club – Every third Thursday of the month**

*12:00 – 14:00*

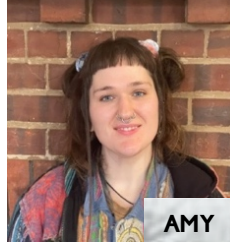
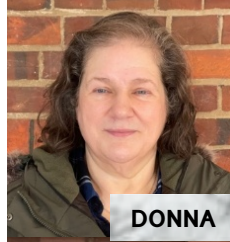
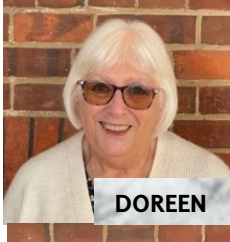
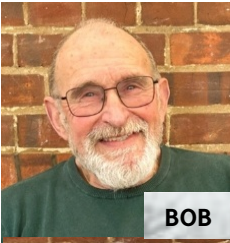
Come and join us at our Lunch club, all are welcome to partake in a 2-course meal, **every third Thursday of the month**. We open at 12 and lunch will be served at 12:30. We ask for a suggested donation of £5 a head.

## **Community Cafe and Larder – Every Friday**

*9:00 – 12:00*

The community larder is open to all, helping to reduce food waste in our local community. Anyone can add to the larder from their allotment/vegetable patch and anyone can take away food regardless of their circumstances. We offer wholesome food as well as good company. All welcome – just pop in!

# OUR PASTORAL TEAM OF AUTHORISED PASTORAL ASSISTANTS



# HOW ARE YOU, TODAY?

If you, or someone you know, may benefit from a listening ear, please do let us know and we would be happy to spend some time with you.

## IF YOU'D LIKE TO TALK, WE ARE HERE TO LISTEN

*Authorised Pastoral Assistants (APAs) are trained and authorised to engage in pastoral ministry on behalf of the local church, working as part of a team of clergy and laity. All Authorised Pastoral Assistants focus on pastoral care, but an individual's ministry varies according to their gifts and skills, and the local situation. In all cases, the ministry calls for a loving and compassionate heart, and a willingness to listen and support those in need.*

Please contact Revd Sally Myers for more information  
[rectortrunchgroup@gmail.com](mailto:rectortrunchgroup@gmail.com) 07840 399185

# SOME PARISH CONTACTS

**Rector:** Revd Dr Sally Myers (Sally) 07840 399185  
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**Canon John Carr** 01263 720788 [carr.ide@btinternet.com](mailto:carr.ide@btinternet.com)

**Revd Jenny Lodge** 01263 649020  
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