

From the Diocesan prayer diary:

Pilgrim

At a time when there is an almost constant swirl of competing voices and opinions around us, we are required to do the hard work of discerning which of these voices should be listened to. One of the great gifts of pilgrimage is the space it affords to listen. The pilgrim learns to sift through the noise, paying attention to the sound of the inner voice and to God's guiding voice, whilst letting go of other distracting voices. In the test of physical, mental and spiritual perseverance, the pilgrim is led to consider which voice they give priority, as their ultimate source of security and dependence.

Yesterday, a new worshipping community was launched in the Waveney Valley, with Bishop Graham in attendance. Pilgrims can explore the spirituality of pilgrimage and aspects of monastic life and prayer, drawing on the contextual features of the Via Beata and All Hallows' Convent, Ditchingham.

For more info visit earshambenefice.org.uk.

We give thanks for the many lives changed and transformed by an encounter with your Holy Spirit whilst on pilgrimage. Give us the wisdom to draw on your ancient ways in our ministry today and bless the Via Beata; that it would truly be a 'Way of Blessing' for many. Amen

Praying this week for:

- our Care Homes and Hospitals

Members of our worshipping community:

- Janet Parden (Mundesley)
- Elaine Parsons (Café church)
- Tim Payne (Trunch)
- Chris Powell (Café church)
- Inger Reinertsen (Mundesley)
- Katie Rondel (Café church)
- Chris Rondel (Café church)

All those on our prayer list, as well as prayer requests left in our churches, are prayed for at our Wednesday service of Holy Communion. We invite you to hold the following people in your prayers this week, who are in particular need of prayer for healing and wholeness of mind, body or spirit:

- Liz Belcourt-Paffet (Mundesley)
- Pat Sizer (Café Church)
- Hazel Collingham (Mundesley)
- Val Bailey (Trunch)
- Fred Winter (Knapton)
- Sarah Bardswell (Paston)

For the family and friends of those who have died, especially remembering those mourning:

- Margaret Phillips (Trunch)
- Michael Christopher (Ashes, Mundesley)
- Lesley McGill (Mundesley)
- Barbara Simmins (Ashes, Trunch)
- Jean & William Wild (Ashes, Mundesley)
- Monica Dix (Ashes, Gimingham)

THE TRUNCH GROUP OF PARISHES

Serving the communities of Bradfield, Gimingham, Knapton, Mundesley, Paston, Swafield & Trunch

28th May 2023

Pentecost

Services Today

8.00am Holy Communion (Book of Common Prayer),
MUNDESLEY church

11.00am Benefice Holy Communion for Pentecost,
led by Café Church, **TRUNCH** church

Monday 29th May

Bank Holiday

Tuesday 30th May

Rev Joanna and Rev Jenny's rest day

10.30 am Home Group at Inger's (0771537569)

3.30pm WarmSpace, Mundesley community rooms,
- 5.30pm all welcome, hot meal at 4.45pm

Wednesday 31st May

Rev Joanna to Curate training all day

10.00am Holy Communion, Mundesley church

2.00pm Home Group at Chris Whitby's (721755)

6.00pm How Rural Churches Thrive zoom webinar
hosted by Bishop Jane and Archdeacon Catherine
Details from Rev Joanna, all welcome

Thursday 1st June

9.00am Morning Prayer, Knapton church

Friday 2nd June

8.00am Morning Prayer, Mundesley church

9.00am Community Café, Mundesley community rooms

10.00am Community Larder, Mundesley community rooms

2.00pm Interment of Ashes – Jean and William Wild,
Mundesley church

7.30pm Jazz night – Duality - £5, doors open 7pm,
Mundesley community rooms

Saturday 3rd June

7.30pm Trunch Concerts – Bruce Vogt piano recital,
Schubert, Chopin and Clementi - £15/£7 (U16)
from Tim (01692 402624) or Trunch Crown (cash only)

Next Sunday

4th June 2023 Trinity

10.00am Holy Communion at **MUNDESLEY** church

Readings: Isaiah 40.12-17,27-31, 2 Corinthians 13.11-13
Matthew 28.16-20

NO Café church – Half term

2.00pm Baptism of Samuel Catling at **SWAFIELD** church

3.00pm Reflective service commemorating 650 years of
Julian of Norwich, **KNAPTON** church

CONTACT DETAILS FOR THE BENEFICE

Curate: Rev Joanna Haywood (Tel: 01692 406091)

revjoannahaywood@gmail.com

Website: trunchgroup.org

Facebook: trunch group of parishes

Collect

Holy Spirit, sent by the Father,
ignite in us your holy fire;
strengthen your children with the gift of faith,
revive your Church with the breath of love,
and renew the face of the earth,
through Jesus Christ our Lord. Amen

1st Reading – Acts 2.1-21

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, 'Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power.' All were amazed and perplexed, saying to one another, 'What does this mean?' But others sneered and said, 'They are filled with new wine.'

But Peter, standing with the eleven, raised his voice and addressed them: 'Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

"In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

The sun shall be turned to darkness
and the moon to blood,

before the coming of the Lord's great and
glorious day.

Then everyone who calls on the name of the Lord shall
be saved."

Gospel – John 20.19-23

¹⁹ When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, 'Peace be with you.' ²⁰ After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹ Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' ²² When he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. ²³ If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.'

Post Communion prayer

Faithful God,
who fulfilled the promises of Easter
by sending us your Holy Spirit
and opening to every race and nation
the way of life eternal:
open our lips by your Spirit,
that every tongue may tell of your glory;
through Jesus Christ our Lord. Amen

Social Events

Swafield Cinema Night

Friday 9th June, 7.30pm, Swafield church
Silent Movie Night with Bruce Vogt on piano, showing
Charlie Chaplin's *The Rink* (1916)
and Buster Keaton's *Our Hospitality* (1923)
Tickets £6. Fish and chip orders to Tim
(01692 402624) before noon 8th June.

Sunday, 2nd July 1.00pm – 6.00pm
Swafield Village Hall & Trunch with Swafield
and Bradfield church fete
Swafield Hall

Offers of help/baking/car park duties
to Tim or Boris, please(01692 402624)