

## Lent Learning 2023 in the Trunch Group of Parishes

Join us as we seek to deepen our faith and discipleship during Lent, preparing our hearts and minds for remembering Jesus' life, death and resurrection.

We have a variety of Lent courses which you can sign up for now, either joining a group in person, or via the Church of England 'Dust and Glory' booklet/app/email.

In Mundesley you have three choices:

**Tuesday** mornings starting 21/2 at 10.30am at Inger's house (07710 537569):

Tom Wright's 'Lent for Everyone : Matthew Year A'

**Wednesday** afternoons starting 22/2 at 2.00pm at Chris's house (721755):

'Justice and Peace' from Embrace the MiddleEast

**Thursday** mornings at 10.30am in the community rooms when Peter Clough will lead sessions on an Introduction to the Four Gospels:

Session A – 23 February

1. Why are there four gospels?
2. Mark's Gospel: the oldest foundation stone

Session B – 2 March (or 16 March)

1. The mysterious ending of Mark
2. Matthew's Gospel and the teaching of Jesus

Session C – 23 March

1. Luke – the consummate story teller
2. Summary of the synoptic theory

Session D – 30 March

1. John – the spiritual gospel
2. Jesus, his eyewitnesses and the earliest days of the Christian Church

Or join the Church of England's daily reflections entitled **Dust and Glory: A Lent Journey of faith, failure and forgiveness** offers a daily Bible reading, a short reflection and a practical challenge, as well as a prayer linked to the week's theme. This can be accessed via booklet, app or daily email – see <https://www.churchofengland.org/our-faith/what-we-believe/lent-holy-week-and-easter/dust-and-glory-resources-lent-2023>.

It follows the Archbishop of Canterbury's Lent Book written by Emma Ineson,

'Failure: What Jesus said about sin, mistakes and messing things up'.

If you'd like to join a group looking at this together, please let Rev Joanna know.

There are lots of other Lent resources available – just look on the Eden.co.uk website (Christian bookshop) and choose what appeals most – or talk to Rev Joanna who has a number on her bookshelves....

Lent is about deepening our discipleship, and although fasting (or giving things up) can play a part in that, it's also about how we put others first in our generosity and behaviour, how we can learn from Jesus' teaching in new and fresh ways.

Contact Rev Joanna (01692 406091) or [revjoannahaywood@gmail.com](mailto:revjoannahaywood@gmail.com) for more details or to sign up.